

Surf Action– Resilient Communities in the New Normal

Surf Action is offering 10 Armed Forces Community Family Ocean-Therapy Courses to support the physical and psychological resilience of families and the community, commencing in May 2021, funded by the Armed Forces Covenant Trust



Free, 6-week surfing courses at Gwithian on Saturdays and Sundays (9.30 –12.30) for children/young people aged 7-18. Two courses running concurrently each morning with a maximum of 8 children/course. Parents are encouraged to join their children in the water! All boards and wetsuits are supplied free. (Arrangements may be subject to change depending on the current government Covid-19 guidance in force at the time)

Courses 1 & 2 : Saturday 1st May – Saturday 5th June

Courses 3 & 4: Sunday 2nd May – Sunday 6th June

Courses 5 & 6: Saturday 12th June – Saturday 17th July

Courses 7 & 8: Sunday 13th June – Sunday 18th July

Courses 9 & 10: Saturday 24th July – Saturday 28th August

Email: info@surfaction.co.uk for more information and to register!