



SUPPORTING THE HEALTH AND WELLBEING OF THE ARMED FORCES COMMUNITY AND CIVILIAN FAMILIES IN CORNWALL



6th July 2020

Surf Action hit the road sprinting this weekend in the brave new post-lockdown world. With fantastic support from [@globalboardersurfco](https://www.instagram.com/globalboardersurfco), we started four, 6-week, armed forces community wellbeing and resilience surf courses at Gwithian funded by the Armed Forces Covenant Fund Trust. 2 courses ran on Saturday and 2 more on Sunday. All current social distancing and health related regulations were successfully incorporated into our delivery model. The families on Saturday demonstrated great resilience dealing with heavy showers and strong winds. Sunday was still windy but there was lovely sunshine. A fantastic but somewhat belated start to our 2020 courses. We hope to run another 4 courses when the current courses have finished.





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