



SUPPORTING SERVING AND FORMER  
MEMBERS OF THE ARMED FORCES,  
EMERGENCY SERVICES AND FAMILIES



# Surf Action

## Referral Form

Name (of the person requiring support):

Gender:

Male

Female

Date of birth and age:

Address:

Post Code:

Contact telephone number:

Email Address:

Please provide your name, organisation, contact address and telephone number:

Is the person aware of being referred?

Yes

No

Please provide details of the GP (including the address and telephone number):

Please indicate which of the following options best describes their current status:

Employed full-time (30 hours a week or more per week)	<input type="checkbox"/>
Employed part-time	<input type="checkbox"/>
Self-employed full-time	<input type="checkbox"/>
Self-employed part-time	<input type="checkbox"/>
Unemployed	<input type="checkbox"/>
Full-time student	<input type="checkbox"/>
Retired	<input type="checkbox"/>
Full-time home-maker	<input type="checkbox"/>
Carer	<input type="checkbox"/>
Sick leave	<input type="checkbox"/>
Other (please detail)	<input type="checkbox"/>

How do you think Surf Action can help? Please use the space below to include a diagnosis (if known), symptoms and medication. Please be as detailed as possible. This information will help us to understand the support requirements:

Who else is involved in the care of the person you are referring (e.g. CPN, GP, Probation)?

Do they have any specific requirements (e.g. dietary, mobility)?

Do they have any experience or qualifications in surfing or other water sports, if so please detail it below:

Finally, if you or the person you are referring have any questions regarding accessing this service, please use the space below to detail them:

**Accessing Surf Action Support Services**

**If you live *within* the County**

Our services are funded by a number of different sources. Our regular surfing activities are provided to the individual for free. Referral from other agencies may be charged, please contact us for more information. Our veterans centre in Longrock, Penzance is open 5 days a week and provides various group activities throughout the week. Sometimes we may organise events which may have a small charge to individuals.

**If you live *outside* of the County**

Our service is available to anyone within the UK and we do organise residential programmes for those who may not be able to easily access our services. Please contact the office for details on how we can support you.

Surf Action provides:

- Initial assessment (held at our veterans centre) or by means of a telephone assessment
- Access to the Surf Action weekly Surf Clinics and activities
- Access to an accredited PTSD Therapist for one-to-one work (if required)
- Tea/Coffee (at our veterans centre)
- Use of our equipment when taking part in activities
- Use of equipment
- Sign-posting service
- Access to our monthly advice shop. (RBL and Veterans UK)

Please sign below to confirm the following

- The information contained within the referral form is accurate
- You give permission for Surf Action to contact you in order to discuss your referral

Print Name..... Date .....

Signature .....

**To be filled in by Surf Action Staff:**

Referral received:	
Contact with client made:	
Date of assessment:	
Sign Posting & Notes	



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