

SURF ACTION VOLUNTEER TO WORK PATHWAY

Comprehensive Client Needs Analysis

- Including a physical, psychological and emotional needs audit.
- Signposting where beneficial



8 Week Ocean Therapy Course

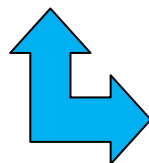
- Regular client monitoring
- Boosts physical, psychological and emotional wellbeing and resilience
- Improves self-confidence
- Develops friendship and peer support
- Learning a new skill
- Ready to engage in looking for work, volunteering and/or further learning



Into Work, Part-Time Work or Volunteering

Some veterans are still in the recovery stage from their injuries, whether they are physical and/or psychological, and are not ready for full-time work but they may be capable of doing part-time work or volunteering. Similarly some are on specific benefits and limited in the number of hours of work or volunteering which they can do.

Whatever their situation Surf Action encourages them to re-engage with society in whatever way they can as this will boost their self-esteem and their physical and emotional wellbeing and encourage **independence, not dependence.**



Educational and Motivational Courses

Those who are not ready for part-time work or volunteering are encouraged to attend some of our vocational and non-vocational life-skills courses at the Surf Action Veterans Centre. This helps build their self esteem and team skills, boosts their practical knowledge base, gets them back into a good routine and is good for their psychological wellbeing. This should all help in their recovery and move them in to a position where full or part-time work or volunteering is practicable.

The in-house courses offered include:

- Your rights as a consumer
- Electrical safety in the home
- Fire safety in the home
- First aid
- Health and safety
- Manual handling
- Money and debt
- Photography
- Business Skills
- Boost your IT skills
- Housing – Your rights as a landlord/tenant
- Brush-up on your GCSE mathematics
- Surf skills leading to a RLSS qualification